## Content

| Chapter 1                                | General introduction  | 9   |
|--|---|-----|
| Chapter 2                                | Uncovering the Effects of Patients' Emotional Status on Selfcare Activities and Glycemic Control in People with Type 2 Diabetes using Structural Equation Modelling.  Submitted for publication.                                  | 17  |
| Chapter 3                                | Does Low Well-being Modify the Effects of PRISMA (Dutch DESMOND), a Structured Self-management-education Program for People with Type 2 Diabetes? Published in Primary Care Diabetes 2015, S1751-9918(15)97-2.                    | 29  |
| Chapter 4                                | Use of Behavioral Change Techniques in Web-Based Self-Management Programs for Type 2 Diabetes Patients: Systematic Review.  Published in Journal of Medical Internet Research 2013, 15:e279.                                      | 43  |
| Chapter 5                                | Web-based Self-management With and Without Coaching for Type 2 Diabetes Patients in Primary Care: Design of a Randomized Controlled Trial.  Published in BMC endocrine disorders 2013, 13:53.                                     | 63  |
| Chapter 6                                | Uptake and Effects of the e-Vita Personal Health Record with Self-management Support and Coaching, for Type 2 Diabetes Patients Treated in Primary Care.  Submitted for publication.  | 73  |
| Chapter 7                                | PRISMA-Online: Development and Pilot-Testing of an Internet-based Self-management Maintenance Program Complementing the PRISMA Self-management Course (Dutch DESMOND) for People with Type 2 Diabetes. Submitted for publication. | 87  |
| Chapter 8                                | General discussion  | 101 |
| Summary                                  |   | 113 |
| Dutch Summary - Nederlandse Samenvatting |   | 119 |
| References                               |   | 125 |
| Dankwoord                                |   | 141 |